



# FIREHAWKS

## PEACE BY PIECE

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### **What are the benefits?**

*Peace by Piece* is a FireHawks initiative to support positive mental health within our community. Our goal is to help students relax and take a break during stressful moments. We find that activities such as building with LEGO can reduce stress and boost creativity, making students feel calmer and more focused.

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### **Where are kits located?**

*Peace by Piece* kits are placed in safe, quiet areas around your school, such as Student Services, the CYC office, Social Workers' office, and Special Education rooms.

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### **Why are the FireHawks doing this?**

In 2024 our team agreed that we wanted to take our love for LEGO and do something positive to help our community. We collected donated LEGO from the community and built the kits. This initiative is also helping us build a greener future with reclaimed LEGO! We are giving previously enjoyed LEGO bricks new life and reducing plastic waste, demonstrating that creativity and sustainability go hand in hand.

As a robotics team, we care about the well-being of members and youth in our community. *Peace by Piece* is one way we're helping make safe spaces a more positive, creative, and mindful experience for our students.

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### **What's in a Peace By Piece kit?**

Each kit includes a variety of donated reclaimed LEGO pieces and a list of building prompts. It's small enough to fit in a corner of a classroom or office, and can be used at the teacher or counsellor's discretion.

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If you would like to donate your reclaimed LEGO or would like a kit for your school, please contact us at

**[frc9098firehawks@gmail.com](mailto:frc9098firehawks@gmail.com)**

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